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*Inside
This
Issue...*

**Dr. Darrell
Opens
His Heart**
Page 2

**Heart Patients
Advised To
Get Flu Shots**
Page 3

**New Nuclear
Stress Test**
Page 5

**200th Open
Heart Surgery**
Page 6

**One-Stop
Cardiovascular
Universal Bed**
Page 8

**Calendar of
CV Events**
Page 10

**History of
Heart at GSHS**
Page 11

Because YOU gotta have HEART...

By Julie Miksit, Cardiovascular Services Product Line Administrator



Welcome to our first edition of "Heart Line," a new publication provided by the GSHS Vernon and Trudie Bishop Cardiac & Vascular Center (CV Center). We are excited about the continued success and growth of the new and only comprehensive cardiovascular program available in the Lebanon community. This newsletter will be published and circulated to keep you informed and updated about the CV Center happenings.

According to the American Heart Association (AHA), heart disease is the number one cause of death across the nation. Unfortunately, that statistic stands true for Lebanon County, too. The CV Center is committed to the fight against heart disease as well as providing the standard of excellence in heart care for those afflicted.

Take a proverbial trip down memory lane with me, if you will...let's go back nineteen months to March 2005. At this point in time, community members in need of cardiac care could depend on The Good Samaritan Hospital (GSH), our sole community hospital, for a limited offering of diagnostic cardiac services. Family, friends and neighbors in need of interventional cardiovascular services had to decide where to go, who to see and how to get there.

At a time when extra stressors are not particularly appreciated (after the diagnosis of heart disease) our community had no choice but to be concerned about how to get comprehensive heart care. One month later, April 2005, the CV Center opened for business, at The GSH, giving Lebanon Countians an excellent option for top quality cardiovascular care.

The CV Center is dedicated to improving the health of the residents we serve and helping to advance the mission of The GSH. Since opening in April 2005, our achievements include:

- Lebanon County's FIRST OPEN-HEART SURGERY (April 2005)
- Lebanon County's FIRST INTERVENTIONAL CARDIAC CATHETERIZATION (July 2005)
- 100th open-heart surgery (Valentine's Day, February 14, 2006)
- 200th open-heart surgery (September 5, 2006) ≈ See pg. 6 for more information...

Because YOU gotta have HEART, we are committed to comprehensively serving Lebanon County's cardiac and vascular needs. Count on us to walk with you every step of the way in the prevention, diagnosis and treatment of heart disease. You deserve the best heart care close to home!

The information provided in this newsletter is intended to supplement the care provided by your physician. It is neither intended nor implied to be a substitute for professional medical advice. **CALL YOUR HEALTHCARE PROVIDER IMMEDIATELY IF YOU THINK YOU MAY HAVE A MEDICAL EMERGENCY.** Always seek the advice of your physician or other qualified health provider prior to starting any new treatment or with any questions you may have regarding a medical condition.

(717) 270-3770

www.gshleb.org

The Heart Line is published quarterly by the GSHS Cardiac and Vascular Center



GSHS Cardiac & Vascular Center: Your Home for Cardiovascular Care

By Dr. John C. Darrell, Director of Cardiac & Vascular Surgery

The GSHS Cardiac & Vascular Center (CV Center) officially opened at The Good Samaritan Hospital in April 2005, establishing Lebanon County's first and only interventional cardiac, vascular and open-heart surgery program. Since its inception, the energy of the administration, medical team, staff and community have kept the CV Center constantly moving forward.

The CV Center's success in providing patients with exceptional cardiovascular care has made us busier than originally anticipated. Our most recent milestone, performing the 200th open-heart surgery, unequivocally demonstrates that momentum.

Do you know that YOU are our motivation? We live in a warm, close-knit community and we are thankful that you have risen to the occasion of supporting your community hospital as it increases its standard of excellence in cardiovascular care. Seeing you (particularly our patients) out in the community, doing well and enjoying your life is what keeps us committed to the challenges this endeavor brings.

With your continued support, the CV Center will grow and strengthen to raise the quality of care we provide. Keep your eyes and hearts open as you read on to learn some of the exciting "next steps" we have planned:

Expand Interdisciplinary Approach – The CV Center benefits from the expertise of cardiologists, cardiac and vascular surgeons and interventional radiologists. Combining the talent of these three disciplines allows for seamless, integrated delivery of heart and vascular care. We will begin to expand our vascular surgery offerings with procedures like angioplasty and stenting of blocked carotid arteries and blocked arteries to the legs and arms.

Recruit and Hire a Second Cardiovascular and Thoracic Surgeon – Since April 2005, I have been the CV Center's sole cardiovascular surgeon. The number of procedures that we are doing demonstrates the need for a second surgeon. We are looking for someone with experience in thoracic surgery of the chest and lungs to go hand in hand with our plan to expand the depth of our vascular surgery offerings. We hope to announce our success in recruiting and hiring for this essential open heart surgery position sometime this fall.

Accept More Complex Open-Heart Surgery – As the open heart surgery program continues to grow in volume and experience it is natural that we will treat patients with more complex and difficult cardiac problems. Procedures such as multiple valve repair and replacement in patients who have had previous heart surgeries are examples.

We also hope to add procedures designed to surgically cure atrial fibrillation. At first this surgery, known as atrial ablation, will be added on to operations such as coronary artery bypass or mitral valve replacement. Eventually the atrial ablation could be offered as a stand alone operation to prevent the progression of atrial fibrillation in an otherwise normal heart.

Thank you for welcoming my family and me into the community. We are glad to call Lebanon County "home." Likewise, please continue to call the GSH CV Center your home for cardiovascular care.



**Interested In A
Career With Heart?**

Visit our website, www.gshleb.org, click on the Careers button, then the Job Openings button. "Growth Starts Here!"



Vernon and Trudie Bishop Cardiac & Vascular Center: A Special Thanks to Our Champions

The late Vernon, and his wife Trudie Bishop gave the most generous gift that the hospital ever received. They graciously provided the funding for the Cardiac & Vascular Center (CV Center) so that Lebanon Countians in need of diagnostic and interventional cardiac care could receive comprehensive treatment close to home.

The Bishop's had personal experience in dealing with heart disease. Mrs. Bishop received intervention and treatment that saved her life a few years ago. She and the late Mr. Bishop reviewed data that confirmed something they already suspected; the rising number of community members with heart disease. They quickly agreed that there is a demonstrated need for a local, all-inclusive cardiovascular care program and they listened closely when asked to help.

Mrs. Bishop recalls her advice to her husband, "If the hospital needs this, I think we should do it. These are procedures that are much needed in our community." Mrs. Bishop has been receiving many positive comments on the CV Center from the community. When she hears upbeat feedback from neighbors and friends she is reminded of how gracious the citizens of Lebanon truly are.

"Knowing it is serving so many people makes it worth every penny," tells Mrs. Bishop.



Mrs. Trudie Bishop

Did You Know?

The normal human heart is a strong, muscular pump a little larger than a fist. Each day an average heart "beats" (expands and contracts) 100,000 times and pumps about 2,000 gallons of blood. In a 70-year lifetime, an average human heart beats more than 2.5 billion times.

Influenza and Heart Disease

Scientific studies have shown that death from the flu is more common among people with cardiovascular disease than any other chronic condition, and the American Heart Association has released new guidelines recommending that all heart disease patients get flu shots.

Patients with cardiovascular disease should only receive the flu vaccine by injection, not the live, attenuated vaccine given as a nasal spray. The live vaccine can cause influenza in this high-risk population.

October or November is the best time to get a flu shot, but getting a shot in January or even later can still be beneficial. Flu season can start as early as October and last as late as May. In the United States, the peak of flu season can occur anywhere from late December through March.

Contact your primary healthcare provider to inquire about and schedule a flu shot. You may also call Priority Care, a GSHS affiliate, at 270-7655 to inquire about the availability of flu vaccine. Priority Care is a walk-in health center, staffed with Board Certified physicians, located in the Quentin Circle Shopping Center on Route 72 South.



GSHS Opens New Non-Invasive Cardiology Services

Non-Invasive Cardiology Services, formerly known as the Heart Station and located on the first floor of The Good Samaritan Hospital, has been relocated to the ground floor of the hospital's south wing. The new name, Non-Invasive Cardiology Services (NICS), has been implemented to accurately describe the availability of non-invasive cardiology testing.

“The move was necessary to support the community’s growing needs of the cardiovascular services product line and to improve accessibility,” explains GSHS Cardiovascular Services Product Line Administrator, Julie Miksit.

Non-invasive cardiology testing can diagnose potential heart problems without the need for surgical intervention. Important information is gathered through the use of electrodes, ultrasound and nuclear imaging, therefore, decreasing the risk of complication and increasing patient comfort.

NICS new location is on the ground floor of the hospital’s south wing, adjacent to the Cardiac Catheterization Lab (CCL). Miksit continued, “NICS patients who are referred for more extensive testing or emergent intervention will benefit from being located right next to the CCL where the next clinical steps would likely occur.”

NICS new, modern facility is 4,883 sq ft and includes an additional stress room (2 total), a spacious waiting area and a holding area for patient preparation and recovery.

NICS will perform thousands of non-invasive studies this year on inpatients and outpatients. Geoff MacMurray, GSHS Cardiology Services Manager calculates, “This year, we are estimating 16,389 procedures; 11,521 inpatient and 4,868 outpatient.”

NICS offers a wide variety of tests which are designed to evaluate how well the heart is functioning. All testing requires a written order from a physician. Testing done by appointment includes: 12 lead ECG, Monitored Stress Testing, Nuclear Cardiology, Echocardiography with 3-D Imaging, Transesophageal Echo, Stress Echo, Dobutamine Stress Testing, Electroencephalography and Tilt Table Testing. EKG testing is done on a walk-in basis. Echo and EKG testing are available 24/7.

“Our NICS operation is the first and exclusive healthcare provider in Lebanon County to offer Echo testing with 3-D Imaging,” mentions MacMurray. “For patients and physicians alike this is good news. Both benefit from the physician having better image quality of valve anatomy, more valuable clinical information and, ultimately, improved diagnostic confidence.”

NICS has some of the most sophisticated non-invasive diagnostic equipment available anywhere in the world. Thus, cardiologists are able to diagnose with precision and accuracy. New and Updated Equipment in NICS include: Sonos Echo Machines (3-D Imaging), Transesophageal Echo Probes, EKG Machines, New Camera for Nuclear Imaging and coming soon, Digital Reporting and Database for EKG’s.



GSHS administrators and staff beam with pride over the beautiful, new Non-Invasive Cardiology Services area. Pictured (L to R) are: Jacquelyn Gould, VP of Nursing Services, Brad Stevens, Nuclear Medicine Supervisor, Robert Longo, President and CEO, Julie Miksit, Cardiovascular Services Product Line Administrator, Karen Engle, EKG/EEG, Barbara Smith, Administrative Director of Radiology, Martha Freeman, Non-Invasive Cardiology Technician, Michelle Masood, Non-Invasive Cardiology Technician and Robert Richards, VP of Finance and CFO.

Cont. on pg. 5



New Non-Invasive Cardiology Services (*Cont. fr. pg. 4*)

NICS is focused on the unique needs of cardiac patients and is fully committed to giving each patient the best, most personalized care available. The staff is composed of highly skilled Cardiovascular Technicians who are registered or certified and can help evaluate the condition of the heart, explain diagnostic findings and facilitate the treatment process.

NICS has convenient hours of operation: Monday - Friday 7am-3:30pm and Saturday 7am-3pm. "Early hours of operation allow patients to enjoy more flexibility within their day," says MacMurray. "For example, if a patient comes in for testing at 7am or anytime within the morning, he can carry out his normal, daily routine without interruption. The hours are user-friendly."

Miksit concludes, "As a commitment to quality patient care, NICS is actively working on ICAEL (Intersocietal Commission for the Accreditation of Echocardiography Laboratories) accreditation. We want to offer heart care...the way it's supposed to be."

To contact NICS, phone: 717-270-7650, fax: 270-7953 or visit the Good Samaritan Health System website www.gshleb.org (under quick links, click cardiovascular).



GSHS Offers New Nuclear Stress Test To Detect Coronary Artery Disease

The Nuclear Cardiology Medicine unit within the Good Samaritan Health System (GSHS) is now offering a new, non-invasive, nuclear stress test to detect coronary artery disease (CAD). The Myoview stress test is administered to determine the presence of hardening and narrowing of coronary arteries and to evaluate the severity of CAD.

According to Brad Stevens, Nuclear Medicine Supervisor, "A nuclear stress test is one of several types of cardiac stress tests that a doctor can request. Each is tailored to an individual patient's condition. This new nuclear stress test is a safe, non-invasive way to study cardiac blood flow."

Through the use of a radio tracer (Myoview) a patient is imaged after exercise and again at rest in order to determine if the heart is receiving an adequate supply of blood flow through the coronary arteries. "When there is a significant blockage of a coronary vessel, the heart muscle may not get an adequate blood supply during exercise or stress. By taking a picture of the radioactivity (Myoview) coming from the heart, we can detect decreased blood flow," Stevens explains.

The Myoview stress test is superior to the routine exercise stress test because the pictures, provided by myocardial perfusion scans, offer additional information necessary to help identify patients with an increased risk for a heart attack. Stevens states that, "The pictures can help to locate a blockage, reveal the extent of damage to the heart muscle, provide information about the heart's pumping function through ejection fraction calculation, and identify areas of the heart muscle that are scarred from a heart attack." Early detection of CAD is essential, as it allows therapeutic intervention before permanent damage (myocardial infarction) occurs.

"The specificity of this test is 96% versus the former thallium stress test which is 85%," affirms Stevens. "We (GSHS) are committed to offering the most advanced capabilities to diagnose cardiovascular disease, hence, the implementation of the Myoview stress test."

On average, the Myoview stress test takes 3 hours to administer, about one hour less than the traditional stress test. "We offer early hours for testing. Patients who have the Myoview stress test at 8:30am are typically finished by 11:30am and can go to work or enjoy normal activity for the remainder of the day," Stevens tells.

The Myoview stress test can be scheduled at The Good Samaritan Hospital (GSH) by calling the Non-Invasive Cardiology Department at 270-7650.



GSHS CV Center Completes 200th Heart Surgery

On September 5, 2006, Good Samaritan Health System's (GSHS) Vernon and Trudie Bishop Cardiac & Vascular Center achieved a landmark by performing the 200th open-heart surgery since the April 2005 launch of the new heart surgery and interventional cardiology program. The milestone surgery, a coronary artery bypass graft (CABG), was performed on a Myerstown woman by the director of cardiac and vascular surgery at GSHS, John C. Darrell, MD.

Patricia Ream, 73, drove into the hospital parking lot with her husband, Harold, on Tuesday morning on her way to a scheduled appointment for a cardiac catheterization. She recalls, "I knew I would be ok. I said to Harold, we can be proud of our hospital. It's amazing what they've done here." Ream's catheterization showed extensive blockage that required immediate surgical intervention.

Prior to surgery, Dr. Darrell had a brief meeting with Ream. "He's a good man. I knew I could put all my trust in him," Ream recounts. "It was in his hands and God was guiding his hands. I had all my faith in Dr. Darrell." About four hours later, Ream's faith in her surgeon was confirmed. Darrell had completed open-heart surgery for the 200th time at the GSHS Cardiac & Vascular Center.

"This is a milestone for our program," said Dr. Darrell. "To reach this goal (200 surgeries) in less than two years clearly supports the need of having a comprehensive heart care program in the Lebanon community." The GSHS Cardiac & Vascular Center officially opened at The Good Samaritan Hospital in April 2005, establishing Lebanon County's first and only interventional cardiology and open-heart surgery program.

"The new cardiovascular (CV) services became a reality for Lebanon thanks to the collaboration of physicians, administration, the Board of Trustees, staff and community leaders sharing GSHS's dedication to improve healthcare, particularly related to providing advanced, thorough heart and vascular care," explains Julie Miksit, Cardiovascular Services Product Line Administrator. GSHS CV services allow area residents to receive the highest level of CV care and advanced heart surgery options close to home and under the direction of medical professionals they know and trust.

Since its inception, the CV heart surgery and interventional cardiology program has experienced tremendous growth and success. During fiscal year 2005/2006, the CV surgical team performed 23 more procedures than projected, a 17% increase over expectations. The program's success and credibility have been proven by its ability to meet and in some cases exceed the regional and national outcome statistics. Miksit explains, "This milestone places ours among other credible open-heart surgery programs. Our mission is to offer the best heart care close to home and we are doing that."

Dr. Darrell's 200th patient agrees. "Now that I am here I can see it - the wonderful job of putting this program together," Ream testifies. "It's pretty neat, the nursing care is beyond belief and overall it's quite an accomplishment." The entire GSHS CV staff concurs with Ream's assessment.

On behalf of the CV team, Dr. Darrell professes, "We are Lebanon County's hospital. We want to be outstanding for the people we serve." Darrell describes the CV program and the team's assembly as "providential." "The right people came together when we needed them, like a Super Bowl Team. And this program will continue to grow and succeed for our community as long as we all keep that attitude," he vows.

For more information on GSHS's Cardiac & Vascular Center, visit the website at www.gshleb.org, then click on the Cardiac & Vascular Center logo located in the upper right hand corner of the main page.

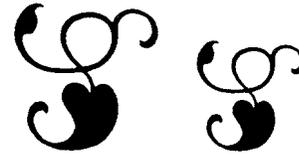


Prior to being discharged, Patricia Ream, 200th open-heart surgery patient, shares her thoughts with surgeon, Dr. John C. Darrell, Director of Cardiac and Vascular Surgery.



GSH Cardiac Catheterization A Year in Review

By Geoff MacMurray, Cardiology Services Manager



The Cardiac Catheterization Lab celebrated its first year of performing Percutaneous Coronary Interventions on June 13, 2006. The ground floor of the south wing of the hospital provides the ideal setting for these “state of the art” procedures. These procedures include coronary and peripheral balloon angioplasty, coronary and peripheral stenting (Drug Eluting Stents), rotoblator, angiojet, IVUS, IABP therapy, embolic protection, temporary pacing, CTO (Chronic Total Occlusion) therapy and many others.

We are physically nestled “underneath” the ER and CVOR providing the perfect flow for patients presenting to the ER with chest pain. The proximity to the CVOR also affords quick transportation in the case where this is necessitated. In addition, NICS (Non-Invasive Cardiology Services) is now located directly across from the Cath Lab, creating a combined area known as Cardiology Services. The physical structure of Cardiology Services with the combined waiting area is very aesthetically pleasing and comforting to patients and family members. The X-Ray equipment provides the best imaging capabilities available on the market today while the latest in technological advances keep us on the leading edge.

The staff is trained and educated regularly on the newest devices and procedures. Many have passed their registries or are in the process of completing the requirements to do so. GSH Cath Lab staff consist of Geoff Mac Murray, Cardiology Services Manager, and Megan Brevoort, Medical Secretary. The Cardiovascular Invasive Specialists consist of Amanda DesRosiers RTR, RCIS, Rachel Bottomstone CVT, Erika Campbell CVT, Stephany Yoder RCIS, Kristy Shultz RTR-M, RCIS and Jennifer Canfield CVT. The RN’s consist of Alica Wike RN, Charge Nurse, Stephanie Levonick RN, Sheryl Lutz-Snyder RN, Keith May RN, Dwight Landis RN and Kathy Yarnall RN.

Lebanon Cardiology Associates physicians work in conjunction with our cardiac cath lab staff. They include interventional cardiologists Dr. David Griffin, Cath Lab Director, Dr. Edward Collier III and Dr. Rakesh Saraiya. Dr. Thomas Clemens, Dr. Ronald Boogaard and Dr. Mark Glick serve as diagnostic cardiologists.

Our first year went above and beyond all expectations. We nearly doubled the projected interventional numbers while continuing to provide the highest level of personal, professional and compassionate care in Central Pennsylvania. We are very proud of our cardiac cath lab facility and the talented staff.

Patient Testimonials

You Heard it Through the Heart Line...

“Care was so great. Nurses and aides were absolutely wonderful. I think they put all the best nurses on that floor (CVU).”

“If I had to do it again, and I might have to one day, I’d go back to the same place, same doctors, and same unit.”

“Everyone was professional and courteous - fantastic staff.”

“From pre-op to post-op, everyone was on top of his or her job.”

“Everyone was professional yet friendly. I never met such excellent care givers in all my life.”



NLHS Provides “Decorative Medicine” For Open-Heart Patients

By Trish Gadberry, CVU/ICU Nurse Manager

Northern Lebanon High School’s senior home economics class has formed an alliance with the GSHS open-heart program to provide patients with “decorative medicine,” or heart pillows. While a pillow might seem like a luxury, these pillows are much more. They act as a splinting agent for the patient to hold when taking deep breaths, moving or coughing. Without coughing and breathing deeply, an open-heart surgery patient can develop pneumonia. Therefore, it’s true, these pillows can be thought of as “decorative medicine.”



CVU: One-Stop Cardiovascular Universal Bed Care

The Cardiovascular Unit (CVU) located on the second floor of the south wing at The Good Samaritan Hospital implemented the Cardiovascular Universal Bed (CUB) patient care delivery model upon opening in March 2005. The CUB approach is designed to manage CVU patients, cardiovascular surgery and cardiac intervention patients, in one setting from admission to discharge.

The one stop CUB setting promotes an intense level of collaboration between doctors and nurses. The CVU nurses have a broad range of skills (critical care and telemetry) that allow them to deal with almost any emergency. Physician trust and confidence in the nursing staff are heightened and rightly so. Because the nurse consecutively cares for the patient for a longer period of time, there is a better understanding of the clinical and psychosocial issues unique to each patient and a greater ability to rapidly respond to unexpected setbacks at any point in the recovery continuum. *Research has shown that patients fare better in a collaborative care environment.*

Additional benefits of providing the CUB model of care are:

- Decreased hospital stay
- Enhanced patient care focus
- Increased patient satisfaction (of the patient and family)
- Improved continuity of patient assignments
- High level of critical care orientation and skill level of the nurses
- Optimal nurse-patient ratios that are adjusted for patient severity
- Better patient/family education



CUB room design minimizes the stark, sterile, high-tech appearance of a typical intensive care setting in order to decrease patient anxiety and promote recovery in a comfortable, homey, yet private setting.



Act in Time

The American Heart Association and the National Heart, Lung, and Blood Institute have launched a new “Act in Time” campaign to increase people’s awareness of heart attack and the importance of calling 9-1-1 immediately at the onset of heart attack symptoms.

Know the signs

Most heart attacks start slowly, with mild pain or discomfort. Often people affected aren’t sure what’s wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

Chest discomfort. Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

Discomfort in other areas of the upper body. Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

Shortness of breath. May occur with or without chest discomfort.

Other signs: These may include breaking out in a cold sweat, nausea or lightheadedness.

Act Quickly

If you or someone you’re with has chest discomfort, especially with one or more of the other signs, don’t wait longer than a few minutes (no more than 5) before calling for help. Call 9-1-1... Get to a hospital right away.

Did you know?

Calling 9-1-1 is almost always the fastest way to get lifesaving treatment. Emergency medical services staff can begin treatment when they arrive -- up to an hour sooner than if someone gets to the hospital by car. The staff are also trained to revive someone whose heart has stopped.

GSHS Heart Walk Team Raises \$6,800 For AHA

More than 100 employees (and 50 family members) representing 18 GSHS departments comprised this year’s GSHS Heart Walk Team. The team proved they are “all heart” by raising \$6,800 for the American Heart Association (AHA) – Lebanon Division. The top three fundraising departments included: 1st) Cardiac Cath Lab (\$1,100), 2nd) Cardiac & Vascular Center (\$910) and 3rd) Security (\$731).



Carmen DiCiano, Manager, Cardiac Rehabilitation and Chair of the GSHS Heart Walk Team is grateful for all who helped make the team effort a success, “Thank everyone within the GSHS who gave time, effort and contributions to help in our fight against heart disease. I deeply appreciate your commitment to such a worthy cause and I know the AHA is also thankful.”



Cardiac Rehabilitation Frequently Asked Questions

By Carmen DiCiano, Cardiac Rehabilitation Manager

Why do I need to do Cardiac Rehab?

Studies have shown that for those who took part in cardiac rehab survival is significantly increased over those who did not participate in cardiac rehab, particularly in the three years following a cardiac event. For more information on GSHS Cardiac Rehab, visit The Good Samaritan Hospital website at www.gshleb.org, click on the Cardiac & Vascular Center logo in the upper right hand corner, click on Cardiovascular Services, then Cardiac Rehabilitation.

CVOR Staff Achieve Certification

By Janet Shuker, CVOR Nurse Manager

Achieving certification by a professional organization demonstrates proficiency in support of quality patient care and sets a standard of commitment to the profession of the Cardiovascular Operating Room (CVOR) Team.

CVOR staff who are currently certified by a professional organization include:

Janet Shuker, Nurse Manager, RN, CNOR - Certified by Association of Operating Room Nurses (AORN)

Stefanie Holler, RN, CNOR (AORN)

Deb Binkley, CST - Certified by Association Surgical Technologists (AST)

Joan Light, CAT - Certified by American Society of Anesthesia Technologists and Technicians (ASTT)

We are proud of the CVOR Team. To take a closer look at open heart surgery procedures that the CVOR Team performs on a regular basis, visit our website, www.gshleb.org. Click on the CV Center logo, under Tests & Procedures (right column), click on Open Heart Surgery.

Calendar of CV Events

11/12-11/18
Perioperative Nurses Week

11/14
Dr. Collier
Lebanon Cardiology Associates
Featured on "To Your Health"
WLBR Talk Show (9-11am)

11/16
American Cancer Society's
30th Annual Great American Smokeout
(www.cancer.org)

11/21
Life Line Screening
www.gshleb.org
Click on GSHS Calendar

1/21-1/27
National Nurse Anesthetist Week

November is American Diabetes Month (www.diabetes.org)

January is National Blood Donor Month (www.aabb.org)



The History of Heart at GSHS

October 9, 2002	Groundbreaking for the new South Wing of The GSH
March 2005	Cardiovascular Unit/Intensive Care Unit Opens Cardiovascular Operating Room Opens
April 2005	First Open Heart Surgery Performed in Lebanon Co.
June 2005	2 Cardiac Catheterization Labs Open Interventional Catheterizations Available in Lebanon Co. for the 1 st Time
February 14, 2006	100th Open Heart Surgery
August 2006	Expanded Non-Invasive Cardiology Services Opens
September 5, 2006	200th Open Heart Surgery

GSH Cardiovascular Mission Statement

“GSH provides personalized service, clinical excellence, and coordinated seamless cardiac and vascular care that meets community need.”

GSH Cardiovascular Vision Statement

“GSH will be recognized as a leader of advanced cardiac and vascular care in central Pennsylvania.”

Good Samaritan Health System Cardiac & Vascular Center

The Good Samaritan Hospital
4th & Walnut Streets
Lebanon, PA 17042

717-270-3770 • www.gshleb.org

Cardiac Catheterization Laboratory (CCL)

Located on the Ground Floor of the hospital’s South Wing
Monday-Friday 7am-3:30pm
717-270-7951

Cardiovascular Unit/Intensive Care Unit (CVU/ICU)

Located on the 2nd Floor of the hospital’s South Wing
Services available 24 hours a day, 7 days a week.
717-270-7500

Cardiac Rehabilitation

Located on the Ground Floor of the hospital’s West Wing
Monday, Wednesday, Friday 7:30am-5 pm
Tuesday, Thursday 7:30am-4:30pm
717-270-7920

Non-Invasive Cardiology Services (NICS)

Located on the Ground Floor of the hospital’s South Wing
Monday-Friday 8am-4:30pm / Weekends 7am-3pm
717-270-7650

Cardiovascular Operating Room (CVOR)

Located on the First Floor of the hospital’s South Wing
Monday-Friday 7am-8pm
Call team coverage provided 24 hours a day, 7 days a week.
270-7500



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The next Heart Line will be published in February 2007.

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To cancel your subscription to Heart Line: "If you do not wish to receive future marketing communications from this organization or its affiliates, you may send a written request to the Privacy Officer. The request will become effective when we receive it:

The Good Samaritan Hospital
Attention: Privacy Officer
Fourth and Walnut Streets, PO Box 1281
Lebanon, PA 17042-1281

We'd Love To Hear From You...

- Tell us your thoughts and opinions about Heart Line
- Request coverage of a specific topic related to the heart and blood vessels
- Share a "heart touching" story with us

Contact us via e-mail: jscipioni@gshleb.org

Mission Statement: The Good Samaritan Health System (GSHS) is a non-sectarian health system whose purpose is to provide high quality health services for the entire community. As a system, GSHS is committed to exceeding its customers' needs and expectations. In addition, recognizing the value of our employees in the delivery of care, GSHS seeks to be an "employer of choice" in the south central Pennsylvania healthcare marketplace. The responsibility and authority for this effort are vested with the local citizens who comprise the Good Samaritan Health System's Board of Trustees.

For More Information

**on programs and health
information, please visit
our web site...**

www.gshleb.org